



# *Improving Lives. Strengthening Communities.*

ANNUAL  
REPORT  
2024

## OUR MISSION

The Area Substance Abuse Council promotes brain health and substance use recovery, while fostering community well-being through individualized care, education, harm reduction, and advocacy.



# PREVENTION

It's proven that proactive methods work in stopping substance use and problem gambling before they start. ASAC Prevention offers a variety of programs, activities, and technical assistance to communities, schools, workplaces, and organizations to address their specific needs.

## OUR SERVICES

- COMMUNITY PRESENTATIONS AND PARTNERSHIPS
- FAMILY EDUCATION AND PROGRAMS
- SCHOOL EDUCATION PROGRAMS AND TRAINING
- WORKPLACE TRAINING AND POLICY DEVELOPMENT



## PREPARE TO SAVE A LIFE

ASAC offers free NARCAN training and disbursement to prevent death from opioid overdoses, serving as a vital resource for our community.



# 15 ASAC POLICIES

Passed to prevent substance use and suicide in rental properties, workplaces, and colleges.

*Data provided is from  
7/1/23 to 6/30/24*



# TREATMENT

ASAC takes a whole-person strategy to treatment, understanding each person's life circumstances to create self-paced and tailored plans to improve lives and chart a course toward recovery.

## OUR SERVICES

- COMMUNITY OUTREACH
- MEDICATION ASSISTED TREATMENT
- RESIDENTIAL SERVICES
- OWI CLASSES
- PERSONAL ASSESSMENTS
- PROBLEM GAMBLING MEETINGS AND SUPPORT
- OUTPATIENT SERVICES – *including Intensive Outpatient and Partial Hospitalization Services*



## RESIDENTIAL LOCATIONS

Recovery Center (Cedar Rapids) • Heart of Iowa (Cedar Rapids)  
Hightower Place (Clinton) • King House (Clinton)

## RESIDENTIAL TREATMENT

Connecting one-on-one with patients allows us to tailor treatment to specific needs. Our personal approach makes the difference on the road to recovery.



# 3,964

Total Community Outreach  
Interactions



# 21,316

Total Residential Service Days



# 37,035

Outpatient Services



# RECOVERY

Post-treatment services and resources give people a better chance at achieving recovery by maintaining housing, employment, and other basic needs. Continuing care can include intensive and extended outpatient services along with transitional housing.



## TRANSITIONAL HOUSING

Access to safe, low-cost, long-term housing offers stability and continued oversight to aid in recovery.

**16**

Families Housed



**38**

Families Housed

### ND HOUSING (CLINTON)

A 10-unit apartment complex—including six 2-bedroom units and four 3-bedroom units—for families.

### THE WAY HOME (CEDAR RAPIDS)

A 24-unit apartment complex—including sixteen 2-bedroom units and eight 3-bedroom units—for individuals and families.

## OUR PATIENTS' NEEDS

**54%**

Identified as Homeless or at Imminent Risk of Homelessness

**36%**

Unemployed or Experiencing Financial Hardship

**24%**

Lacking Basic Identification Documents


**23%**

Experiencing Transportation Barriers

A portrait of Stephanie Boesenberg, the Executive Director, with red hair tied back, smiling. The photo is set within a diamond-shaped frame.

# A Note from Our Executive Director

Over the past year, ASAC has reached new heights in delivering vital services to our community. Efforts begin with prevention, fostering safer communities through education and outreach. Our free NARCAN training and distribution have been instrumental in saving lives from opioid overdoses. Recognizing the importance of accessibility, we launched a mobile community unit, meeting people where they are. And a key priority in our recovery services has been addressing social factors that influence health by helping patients secure housing and connect with essential resources.

A solid purple diamond graphic.

I am continually inspired by our dedicated team and community partners as we work together to create meaningful change. The commitment of our staff remains our greatest strength, allowing us to provide life-changing services throughout Eastern Iowa.

Thank you for your continued support. Together, we are making a lasting impact, offering hope and building a stronger, healthier future for our community.

Sincerely,

*Stephanie Boesenberg*

## OUR WORK CHANGES LIVES

Danielle came to ASAC after having battled a substance use disorder for more than 17 years. She was pregnant with her fourth child and was on the verge of losing everything.

Through treatment with counselors, ASAC-provided daycare, and transitional housing at Heart of Iowa and The Way Home, Danielle received the support and motivation to regain her footing. Now—more than three years on her journey of recovery—she has a job, her own apartment, and custody of her children.



# IMPACT BY THE NUMBERS

## PREVENTION

**90,391** People Served



**93%**

of Program Participants Increased Their Knowledge of Substance Use Risks

## TREATMENT



**93%**

of Patients Reduced or Eliminated Substance Use

**3,334** People Served

## RECOVERY

**560** Unique Patients

**5,426**

Documented Encounters



## MAKING A DIFFERENCE THROUGHOUT EASTERN IOWA

ASAC has 14 locations across Linn, Benton, Jackson, Jones, Clinton, Delaware, and Dubuque counties, and we accept patients from anywhere in the state.

## ASAC IN THE COMMUNITY

From partnerships and panels to organized trainings and community outreach, our team hosted or attended more than a dozen events across seven counties in 2024!

## Support Our Work

Donate now to change lives and continue our momentum.

[asac.us/donate](https://asac.us/donate)

