



A NOTE FROM OUR EXECUTIVE DIRECTOR

Everyone has a “When I found ASAC” story. The patient who doesn’t know where else to turn on their road to recovery. The job applicant searching for a career with meaning. The family worried about the wellbeing of a loved one.

We often encounter people when they’re at their lowest point. But something changes when they find ASAC.

People call these success stories. I know them as ASAC moments—simple yet profound. They’re the scenes that play out when caring staff and a supportive community work to understand and uplift instead of single out and stigmatize.

2025 saw us move into a new, larger space in Dubuque, revamp select facilities to better serve our patients, and reach 114,328 individuals across the state through prevention services alone.

There are more numbers throughout this annual report. Within those numbers are profound moments: It’s the mother who regains custody of her kids. The man who finds stable housing. The individual who secures a job. The look of amazement from someone who has rediscovered their purpose.

When people find ASAC, they start the path forward and upward. When communities find ASAC, they become safer and stronger. That’s all thanks to your support. Together, we are making a difference.

Sincerely,

Stephanie Boesenberg

NO STIGMA. ONLY STRENGTH.

When a young mother arrived at the Heart of Iowa in February 2025, over 30 weeks pregnant and facing many unknowns, she was returning with new determination after previously leaving the program. With support from our outreach care navigator, she re-engaged in services, enrolled in the Postpartum Women (PPW) grant, and accessed essential items for her baby like diapers, wipes, and clothing.

Her baby girl was born healthy in April, and despite early worries about postpartum depression and anxiety, she found stability through routine and the encouragement of staff.

Today, she’s moved into her own apartment, furnished with help from Central Furniture Rescue. She’s looking ahead to employment and embracing this new chapter with hope.

Her journey is a powerful reminder of how compassionate care, wraparound support, and community partnerships create space for healing and growth for both mothers and their children.



IMPACT IN NUMBERS

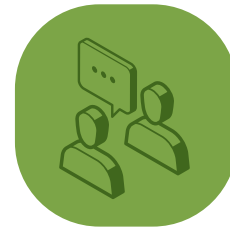
PREVENTION



WE REACHED

114,328
INDIVIDUALS

TREATMENT



WE SERVED

3,219
INDIVIDUALS

RECOVERY



5,426

SUPPORT SERVICES
WITH **560 UNIQUE PATIENTS**

ASAC IN THE COMMUNITY

From partnerships and panels to organized trainings and community outreach, our team hosted or attended more than

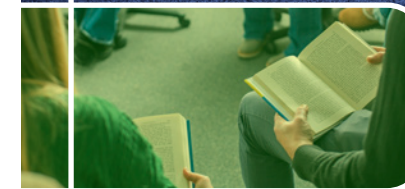
100 EVENTS ACROSS EASTERN IOWA IN 2025!



SUPPORT OUR WORK

Donate now to improve lives, change narratives, and continue our momentum.
asac.networkforgood.com

WHEN I FOUND ASAC



ANNUAL
REPORT

**20
25**



OUR MISSION

ASAC promotes brain health and substance use recovery while fostering community well-being through individualized care, education, harm reduction, and advocacy.

IMPROVING LIVES.

Our work is personal. We are Eastern Iowa's leader in substance use disorder and problem gambling prevention, treatment, and recovery.

ADAPTING TO BETTER SERVE OUR COMMUNITY

ASAC recently made changes at three of our facilities to tailor our services to meet specific patient needs.



▲ NEW LOCATION IN DUBUQUE

We moved to a new space in the heart of Dubuque last September. The expanded building provides room for more programming and allows us to serve more people in the community.

RECOVERY CENTER

Now serves men aged 24 years and older. This aligns with the program's structure and focus, which is specifically designed to continue to support adult men in their recovery journey.

HEART OF IOWA

Now serves single women, ages 18 and up, including mothers with children. This empowers ASAC's continuing commitment to supporting adult women throughout their recovery journey.

PREVENTION

ASAC Prevention offers a variety of proactive programs, activities, and technical assistance to communities, schools, workplaces, and organizations to address substance use before it starts.

OUR SERVICES

- Community Presentations and Partnerships
- Family Education and Programs
- School Education Programs and Training
- Workplace Training and Policy Development
- OWI Classes
- Free NARCAN training and disbursement



18 ASAC POLICIES PASSED

to Prevent Substance Use and Suicide in Rental Properties, Workplaces, and Colleges.

CHANGING NARRATIVES.



TREATMENT

ASAC takes a whole-person strategy to treatment, understanding each person's life circumstances to create self-paced and tailored plans to improve lives and chart a course toward recovery.

OUR SERVICES

- Community Outreach
- Medication Assisted Treatment
- Outpatient Services
- Personal Assessments
- Problem Gambling Meetings and Support

Residential Treatment

An intensive, on-site approach includes special group sessions and 1:1 interaction to create a pathway toward recovery.



22,494 RESIDENTIAL SERVICE DAYS



11,751 INDIVIDUAL SESSIONS

Connecting one-on-one with patients allows us to tailor treatment to specific needs. Our personal approach makes the difference on the road to recovery.

RESIDENTIAL LOCATIONS

Our facilities serve men, women, and women with children.

- Recovery Center (Cedar Rapids)
- Heart of Iowa (Cedar Rapids)
- Hightower Place (Clinton)
- King House (Clinton)

RECOVERY

Post-treatment services and resources give people a stronger chance at long-term recovery by helping them maintain housing, employment, and other basic needs. Recovery support can include ongoing continuing care, transitional housing, and the guidance of Peer Recovery Coaches who walk alongside individuals as they build stability and independence.

TRANSITIONAL HOUSING

Access to safe, low-cost, long-term housing offers stability and continued oversight to aid in recovery.



16 FAMILIES HOUSED



34 FAMILIES HOUSED

ND Housing (Clinton)

A 10-unit apartment complex—including six-bedroom units and four 3-bedroom units—for families.

The Way Home (Cedar Rapids)

A 24-unit apartment complex—including sixteen 2-bedroom units and eight 3-bedroom units—for individuals and families.

OUR PATIENTS' NEEDS

25%

IDENTIFIED AS **HOMELESS** OR AT **IMMINENT RISK OF HOMELESSNESS**

40%

UNEMPLOYED OR EXPERIENCING **FINANCIAL HARDSHIP**

27%

LACKING BASIC **IDENTIFICATION DOCUMENTS**

30%

EXPERIENCING **TRANSPORTATION BARRIERS**